

Mi Smart Band 6

User Manual

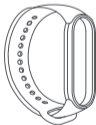


Read this manual carefully before use, and retain it for future reference.

Product Overview



a Fitness Tracker



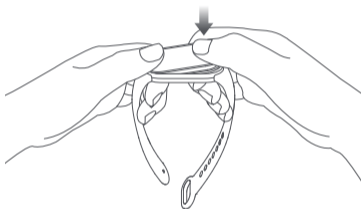
b Wristband



c Charging Cable

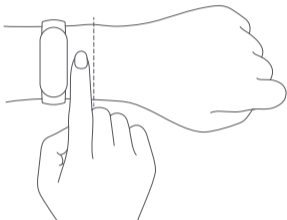
Installation

1. Insert one end of the fitness tracker into the slot from the front of the wristband.
2. Press down on the other end with your thumb to push the fitness tracker completely into the slot.



Wearing

1. Comfortably tighten the band around your wrist, about 1 finger width away from your wrist bone.



2. To achieve the optimal performance of the heart rate sensor, make sure its back to contact with your skin. When wearing your wristband, keep it neither too tight nor too loose but leaving some space for the skin to be able to breathe. Tighten the wristband before you start to exercise and properly loosen it afterward.



Too loose

If the band can easily move up and down the wrist, or the heart rate sensor cannot collect the data, try tightening the wristband.



Just right

The band can comfortably fit around the wrist.

Connecting with APP

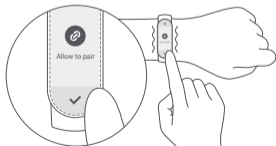
1. Scan the QR code to download and install the app. Add the Mi Smart Band 6 to the app first before you start using it.



(Android 5.0 & iOS 10.0 or above)

2. Log into your Mi account in the app, and follow the instructions to connect and pair the band with your phone. Once the band vibrates and a pairing request is displayed on its screen, tap to complete the pairing with your phone.

Note: Make sure the Bluetooth on your phone is enabled. Hold the phone and the band close to each other during pairing.

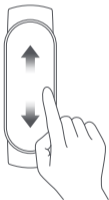


Usage

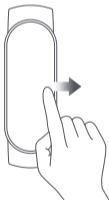
After successfully pairing with your device, the band will start tracking and analyzing your daily activities and sleeping habits. Tap the screen to light it up.

Swipe up or down to view various functions such as PAI (personal activity intelligence), exercise data, and heart rate measurements. Swipe right to return to the previous page.

Swipe up or down
to view functions

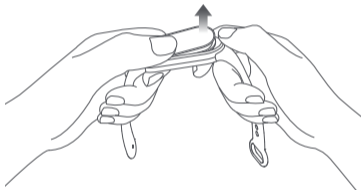


Swipe right to return
to the previous page



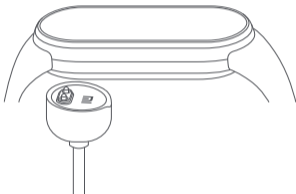
Disassembly

Remove the band from your wrist, hold on to each end and pull on the wristband until you see a small gap between the fitness tracker and the wristband. Use your finger to pop the fitness tracker out of its slot from the front side of the wristband.



Charging

Recharge your band immediately when the battery level is low.



Precautions

- When using the band to measure your heart rate, please keep your wrist still.
- Mi Smart Band 6 has a water resistance rating of 5 ATM. It can be worn during handwashing, in the swimming pool, or while swimming near the shore. It cannot be used, however, in hot showers, saunas, or diving.
- The touchscreen of the band does not support underwater operations. When the band comes into contact with water, use a soft cloth to wipe away excess water from its surface before use.
- During daily use, avoid wearing the band too tightly and try to keep its contact area dry. Please clean the wristband regularly with water.
- Please stop using the product immediately and seek medical assistance if the contact area on your skin shows signs of redness or swelling.
- This watch is not a medical device, any data or information provided by the watch should not be used as a basis for diagnosis, treatment, and prevention of diseases.

Specifications

Product: Smart Band

Name: Mi Smart Band 6

Model: XMSH15HM

Fitness Tracker Net Weight: 12.8 g

Fitness Tracker Dimensions: 47.4 x 18.6 x 12.7 mm

Wristband Material: Thermoplastic elastomer

Clasp Material: Aluminum alloy

Adjustable Length: 155–219 mm

Compatible with: Android 5.0 & iOS 10.0 or above

Battery Capacity: 125 mAh

Battery Type: Lithium polymer battery

Input Voltage: DC 5.0 V

Input Current: 250 mA Max.

Water Resistance: 5 ATM

Operating Temperature: 0°C to 45°C

Max. Output: ≤ 13 dBm

Bluetooth Frequency: 2400–2483.5 MHz

Wireless Connectivity: Bluetooth® Low Energy 5.0



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EU Declaration of Conformity

 Hereby, Anhui Huami Information Technology Co., Ltd., declares that the radio equipment type XMSH15HM is in compliance with Directive 2014/53/EU. The full text of the EU declaration of conformity is available at the following internet address:
<http://www.mi.com/global/service/support/declaration.html>

Manufactured for: Xiaomi Communications Co., Ltd.

Manufactured by: Anhui Huami Information Technology Co., Ltd.
(a Mi Ecosystem company)

Address: 7/F, Building B2, Huami Global Innovation Center, No. 900, Wangjiang West Road, High-tech Zone, Hefei City, China (Anhui) Pilot Free Trade Zone

For further information, please go to www.mi.com

For regulatory information, product certification, and compliance logos related to Mi Smart Band 6, please go to Settings > Regulatory.

Battery Safety

- This device is equipped with a built-in battery that cannot be removed or replaced. Do not disassemble or modify the battery by yourself.
- Disposal of a battery into fire or a hot oven, or mechanically crushing or cutting of a battery, that can result in an explosion.
- Leaving a battery in an extremely high temperature surrounding environment that can result in an explosion or the leakage of flammable liquid or gas.
- A battery subjected to extremely low air pressure that may result in an explosion or the leakage of flammable liquid or gas.

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Na Roudné 1162/76, 301 00 Plzeň
www.beryko.cz

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